

# The Limits of Energetic Testing

In the treatment of chronic illnesses there are always two fundamentally different options:

1. Optimizing the existing system
2. Shaking up the existing system and – as far as possible – reestablishing order on a higher level.

Here a simple **example from my practice**: a young man was sent to me with chronic headaches, fatigue, intestinal problems and general body pain. He had been a patient of one of the leading kinesiologists in my neighborhood for years. He always experienced at least short-term improvements and couldn't imagine getting by without the many remedies he was offered. During the first ART session I couldn't find much either, over 30 different vitamins and nutrients tested well for him. Four days later the lab results arrived: he had previously unrecognized and untreated Diabetes type I. I used ART to find the right dosage of insulin which he injected twice a day from then on. His lab results showed his diabetes to be stable and within the target area after only three weeks. Only he didn't feel any better. During the check-up several weeks later only two of the previously tested remedies tested good (MSM and Ecklonia Cava), several other remedies tested good now that hadn't before (Natrium Muriaticum 30X, OSR, vitamin C, niacin, lysine and Cilantro). I took the other remedies – some of which he had used and in fact needed for many years – off the protocol. Within only a few days he started to feel better than he had in all those years before. What had happened?

First of all I have to defend the **ART technique**: We do not test Insulin as a routine part of the diagnostic testing, even though is in our Hormone Test kit. When there are problems that are well covered by conventional lab testing we trust the lab diagnostics (2<sup>nd</sup> pillar: objective medical findings) and interpret the lab results the way Sabine and I explained during the Lab Workshop in Kirchzarten in November 2009. With this particular patient his kinesiologist maintained the system on a near stable level – without recognizing or treating the primary problem. Many remedies were needed in order to balance the unstable system. Only the lab results revealed the underlying problem. Thus the entire system was raised to a new level, on which a new way to balance out the still existing problems became possible.

This is what I'd like to say:

The ART test can only show a way to optimize the level on which the system is stuck at the moment. To change the system and lift it to a higher level we need one of the other methods.

I differentiate between descending methods and ascending methods. Descending methods are:

- intuition
- prayer
- channeling higher entities and contacting wise deceased
- family constellations
- perceptions during meditation-induced trance states.

There are also very good ascending methods:

- lab diagnostics (as shown above)
- physical examination (e.g. recognizing the tell-tale signs of Babesia like Cherry Angioma, or Bartonella-induced striae, an enlarged, warm thyroid, inflamed bowels etc.)
- subjective symptoms (e.g. knee pain, high temperature, vertigo.)
- findings of imaging techniques (e.g. a sarcoma in the tibia bone)
- typical neurological findings like e.g. the early disappearance of certain frequencies in the voice with the bulbar form of ALS.

In these cases it can be a mistake to routinely use only ART. At first the suspected or confirmed underlying disorder has to be correctly diagnosed, and the diagnosis has to be corroborated with objective tests as far as this is possible. Then the existing experience in treating the illness has to be applied and the minimal amount of therapy accepted as the gold standard should be taken into consideration. We deblock the client using ART without remedies (switching, blocked regulation) by only using the tapping (MFT), PK etc. The remedies or therapies appropriate for the illness are then tested by putting them one by one on the **Signal Enhancer**. I then use the **Green Laser** to inoculate the system of the client and wait a few minutes before I continue the testing.

The system is now on a new and often higher level, and I can find those remedies which actually help the client. Otherwise you go in circles. Finding the primary pathology that has to be addressed first can take some time and several appointments. The practitioner should have the courage to disregard at the appropriate time those old assumptions about the patient that didn't lead to a successful treatment and start rethinking everything. This can often be hard for the Ego of the practitioner and trying for the client's purse, it is nonetheless necessary in order to achieve lasting success. Here a few examples of patients which requires radical rethinking:

A 40 year old patient with a Non-Hodgkin-Lymphoma whom I had been able to stabilize over several years but who wasn't out of the woods, told me about a new oral remedy: Sodium Phenyl Butyrat. I got a sample to test it (very expensive) and it looked good. I put it onto the signal enhancer, and all the remedies that I had put the patient on before – and that had helped him a lot over the years – didn't test any longer. I took everything else off his protocol and put him on the new drug. With it he felt the same as before when taking all my remedies, but not better. After 8 weeks I retested him with ART and found a handful of remedies that tested well; I included those in his new protocol – and he experienced an almost miraculous improvement of all symptoms.

Other **examples of successful treatments:**

Entirely different remedies after regularly using our new yoga exercise (as described in the latest issue of Hier und Jetzt...)

Completely new picture in the ART testing after: Extraction of a tooth, injection of a scar, PK session, several weeks on MicroSilica, moving the sleeping location, separation from a partner, avoiding gluten, avoiding allergenic clothes and bed linen.... You know them all: They are the 7 Factors.

In conclusion I'd like to say it again: To raise a system to a higher level ART itself is only to a certain degree applicable. Often other methods are the ones that give us the key for changing the system. As soon as the key is found and applied ART is perfect in optimizing the newly established system. ART works in the field and in cooperation with all other existing methods of diagnosis and treatment.

**Revolution in ART, APN and MFT treatment: the K-Sweep**

Many of us already work with the Green Laser, using a glass rod to break the beam into a scanning line. This enables us to **scan the entire system** of the client within a very short amount of time (this is a new expression in Biophysics).

The scanning with the green light has its origins in science: an Israeli study showed: If injured neurons are scanned with this exact frequency, completely normal action potentials are emitted as if the nerve was healthy. And then something exceptional happened: the injury healed much faster, long-term damage and negative long-range effects did not occur. Through our ART work we know that there are layers in the field which are closely connected to extra- and intracellular structures – and naturally with our neurons as well. I hoped for a deep and lasting effect of the Green Laser Scan on the healing of nerve tissue. This effect has been confirmed many times, and we collectively observed many other positive effects: the reorganization of the system with food allergies (raising the detection threshold), detoxification which are placed on the signal enhancer near the body during the scanning, resurfacing of long suppressed emotions and memories.

The effect that probably surprises most is that **remedies can be scanned into the system** this way causing the body to react as if it had actually taken these remedies. “Unfortunately the treatment time for that is about 20 – 25 minutes. I scan the client with the remedy or the substance and – if possible – retest the client again and again over the course of several hours or even days in order to find out how long the effect lasts, and re-scan when it decreases. Usually the effect lasts about as long as it would if the client had actually physically taken the drug. Obviously many remedies are needed energetically only, not as an actual substance. The same is true for conventional drugs.

There are however exceptions where it remains important for the client to take the actual substance. This is easily recognized by the fact that after scanning those substances are still found in the ART testing (balancing a disturbed area, Yin or Yang state). We have found that the necessary dosage of the substance can almost always be reduced by scanning at regular intervals.

**Example:** a young woman was experiencing constant massive pain in her pelvis (Vulvodinia) which I recognized as oxalate induced pain. The oxalate free diet only resulted in an improvement of about 50%. She was still on pain medication (opiates). We began scanning with the drug on the signal enhancer near her body every four hours. After only 6 weeks she needed only half of the previous dosage, after 4 months only the periodical scanning – without actually taking the drug. Isn't that great?? To make the treatment available for everyone we designed a machine making the sweeping movement, so you don't need an extra person to do it. It is called K-Sweep

and can be purchased **from CINAK in Geneva, Switzerland**. During the ART III and IV workshops this fall I will give a lecture on how to use it.

Today I have the K-Sweep on during every treatment. The green scanning line moves over the client (and partly over me, too). Thus the remedies prioritize very quickly, secondary disorders disappear while primary ones remain. Remedies with very little effect don't test at all (which they would in ART without the K-Sweep), whereas the important remedies still show up in the testing. When a remedy is put on the signal enhancer it tests only for a while as it is transported into the system through the laser light. The longer it tests as Yin or Yang the better it is for the patient. The amount of time it takes for the system to habituate to a substance is a measure for how much it needs that substance.

**Dietrich Klinghardt**